Outpatient, Inpatient and Acute Care Services

- **Physical Therapy** for a wide variety of conditions, including tendonitis/bursitis, strains/sprains, fractures, post-surgical, sports injuries, balance problems, wound care and joint replacements. The focus is to improve or restore function, independent mobility, prevent further progression of functional limitations, and to promote overall health, wellness and fitness.

- **Occupational Therapy** to restore or increase independent functional abilities with a number of programs including splinting, hand therapy, and assistive equipment training.

- **Speech Therapy** to treat a number of conditions, including dysphagia, swallowing difficulty, apraxia, speech, cognitive-communication and swallowing disorders. Neurological conditions commonly treated include Parkinson, MS, ALS, CP and CVA. Modified Barium Swallow study/ Videofluoroscopy allows real-time visualization of both solids and liquids through the oral pharynx and esophageal stages of a swallow. Studies are ordered through contacting Speech Pathology and completed in Radiology.

- Service is offered for all disciplines across the continuum from acute care hospitalization, to sub-acute care following at Mercycare to final level of recovery in outpatient treatment at St. James Mercy Hospital and Mercycare.

- **Individualized treatment program** for each patient based on an evaluation.

- **Wound care treatment** that includes several technologies including pulsed lavage, whirlpool, negative pressure wound healing, debridement and advanced dressings.

- **Women’s health services** for female incontinence at all levels and pelvic floor pain.

Equipment and Technology

SJMH offers the region’s most advanced array of rehab equipment and technology, providing significantly more treatment options than any local competitors.

Locations and Contact Information

<table>
<thead>
<tr>
<th>Outpatient Therapy</th>
<th>Inpatient Rehabilitation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>St. James Mercy Hospital</strong></td>
<td><strong>Mercycare Campus</strong></td>
</tr>
<tr>
<td>Physical Therapy</td>
<td>Physical Therapy</td>
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<tr>
<td>607-324-8280</td>
<td>607-324-6969</td>
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<tr>
<td>Occupational Therapy</td>
<td>Occupational Therapy</td>
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<tr>
<td>607-324-6974</td>
<td>607-324-6974</td>
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</tbody>
</table>

SJMH Rehabilitation Services Philosophy of Care

We provide a personal, compassionate approach to rehabilitative care, designed to improve the patient experience while providing individualized, evidence-based treatment. This highly personal approach empowers patients to achieve their goals and maximum mobility, and attain the highest quality of life.

(over for staff bios)
**Physical Therapy Staff**

**Christopher C. Donegan, PT, DPT**  
*Director Rehabilitation Services*

**Practice:** Sub-acute inpatient rehabilitation treating medical, orthopedic, neurologically-impaired and wound care patients.

**Education:**  
BS Physical Therapy, Daemen College  
Doctorate Physical Therapy, State University of New York at Buffalo

**Certification:**  
New York State Licensed Physical Therapist

**Professional Affiliations:**  
American Physical Therapy Association

**Special Interests:** Joint replacements, wound care

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**Johnna Sorensen, DPT**  
*Physical Therapist*

**Practice:** Sub-acute inpatient rehabilitation treating medical, orthopedic, neurologically impaired and wound care patients.

**Education:**  
BS and Doctorate Physical Therapy, Daemen College

**Certification:**  
New York State Licensed Physical Therapist

**Professional Affiliations:**  
American Physical Therapy Association

**Special Interests:** Women's health, wound care

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**Mary B. Meyer, PT**  
*Physical Therapist*


**Education:**  
BS Physical Therapy, State University of New York at Buffalo

**Certification:**  
New York State Licensed Physical Therapist

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**Alicia Ebersole, PT**  
*Physical Therapist*

**Practice:** Outpatient rehabilitation treating medical, orthopedic, neurologically-impaired and wound care patients.

**Education:**  
BS Physical Therapy, Daemen College

**Certification:**  
New York State Licensed Physical Therapist

**Professional Affiliations:**  
American Physical Therapy Association

**Special Interests:** Personal interest in treatment of Lumbo-Pelvic-Femoral Pathomechanics utilizing postural restoration institute technique. Women’s health related to pelvic floor pain and incontinence, and back pain.
Physical Therapy Staff

**Eric Riesdorph, PT, DPT**  
*Physical Therapist*

*Practice*: Sub-acute rehabilitation for orthopedic, post-surgical care, vertigo, medical, neurologically-impaired and wound care patients.

*Education:*
Doctorate Physical Therapy, State University of New York at Buffalo

*Certification:*
New York State Licensed Physical Therapist

*Professional Affiliations:*
American Physical Therapy Association

*Special Interests:*
Sports medicine, vestibular and spine rehabilitation, back pain

**Cara Galletta, PT, DPT**  
*Physical Therapist*

*Practice*: Orthopedics, post-op care, balance and gait disorders, neurological disorders, and wound care.

*Education:*
BS Clinical Science, Ithaca College  
MS Physical Therapy, Ithaca College  
Doctorate Physical Therapy, Ithaca College

*Certification:*
New York State Licensed Physical Therapist

*Special Interests:*
Motion analysis, competitive gymnastics

**Giles Churchman, PTA**  
*Physical Therapy Assistant*

*Practice*: Outpatient physical therapy, sports rehabilitation

*Education:*
AAS Physical Therapy Assistant, Mercyhurst College

*Certification:*
New York State Licensed Physical Therapy Assistant

*Special Interests:*
Sports medicine, Kinesio tape certified, myofascial technique

(over)
**Occupational Therapy Staff**

Lisa McGowan, MS, OTR/L  
**Occupational Therapist**

*Practice:* Sub-acute inpatient rehabilitation treating medical, orthopedic, and neurologically-impaired patients.

*Education:*  
BS Occupational Therapy, Keuka College  
MS Education, Alfred University

*Certification:*  
New York State Licensed Occupational Therapist

*Special Interests:* Teaching

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Shannon Zigenfus, OTR/L  
**Occupational Therapist**

*Practice:* Sub-acute inpatient rehabilitation treating medical, orthopedic, and neurologically-impaired patients.

*Education:*  
MS Occupational Therapy, Keuka College  
BS Occupational Science, Keuka College  
BS Psychology, SUNY Brockport  
AA Alfred State College

*Certifications:*  
New York State Licensed Occupational Therapist

*Professional Affiliations:*  
American Occupational Therapy Association

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**Speech Therapy Staff**

Michael Crandall, MA, CCC, SLP  
**Speech Language Pathologist**

*Education:*  
BA Communicative Disorders, State University of New York at Geneseo  
MA Communicative Disorders and Sciences, State University of New York at Geneseo

*Certifications:*  
New York State Licensed Speech Language Pathologist  
Certificate of Clinical Competence  
Certified K-12 Teacher of Speech and Hearing Handicapped

*Professional Affiliations:*  
American Speech and Hearing Association

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Lisa McGowan, MS, OTR/L  
**Occupational Therapist**

*Practice:* Sub-acute inpatient rehabilitation treating medical, orthopedic, and neurologically-impaired patients.

*Education:*  
BS Occupational Therapy, Keuka College  
MS Education, Alfred University

*Certification:*  
New York State Licensed Occupational Therapist

*Special Interests:* Teaching

---

Shannon Zigenfus, OTR/L  
**Occupational Therapist**

*Practice:* Sub-acute inpatient rehabilitation treating medical, orthopedic, and neurologically-impaired patients.

*Education:*  
MS Occupational Therapy, Keuka College  
BS Occupational Science, Keuka College  
BS Psychology, SUNY Brockport  
AA Alfred State College

*Certifications:*  
New York State Licensed Occupational Therapist

*Professional Affiliations:*  
American Occupational Therapy Association

*Special Interests:*  
Treatment throughout a person’s lifespan

Shannon Zigenfus, OTR/L  
**Occupational Therapist**

*Practice:* Sub-acute inpatient rehabilitation treating medical, orthopedic, and neurologically-impaired patients.

*Education:*  
MS Occupational Therapy, Keuka College  
BS Occupational Science, Keuka College  
BS Psychology, SUNY Brockport  
AA Alfred State College

*Certifications:*  
New York State Licensed Occupational Therapist

*Professional Affiliations:*  
American Occupational Therapy Association

*Special Interests:*  
Treatment throughout a person’s lifespan